



MAY 2011-APRIL 2012 BC FARMERS' MARKETS

Fresh & Local

Taste the freshness and flavour of BC grown products at local farmers' markets throughout BC.



Comox Valley Farmers' Market



Buy food directly from farmers you can trust who grow and produce farm-fresh, healthy food from their family farm.

Linger, savour and enjoy a variety of prepared food samples. Visit the heart of a community. Visit with friends and neighbours.

Local Goodness—Fresh & Simple!

NORTHERN BRITISH COLUMBIA

Bulkley Valley Farmers' Market

Corner of Hwy 16 & Main St
T: 250-846-9854
E: mdarcy@uniserve.com
W: www.bvfarmersmarket.com
(see website for Winter schedule)
Sat 8:00am-12:00pm (May 7 to Sept 24)

Chetwynd Farmers' Market

Chetwynd Recreation Centre
T: 250-788-3494
E: chetwyndfarmersmarket@live.ca
Thu 2:00pm-6:00pm (May 5 to Oct 27)

Dawson Creek Farmers' Market

Co-op Mall
T: 250-782-1969
E: cordjohn@shaw.ca
Sat 8:00am-12:30pm (May 7 to Oct 8)

Fort St. James Farmers' Market

Stuart Dr West, dwtn
T: 250-996-0194
E: kkswt@fsjames.com
Fri 12:00pm-4:00pm (May 6 to Sept 16)

Fort St. John Farmers' Market

Fort St. John Arena Lobby
T: 250-785-5051
E: onehotmamabear@hotmail.com
Sat 9:00am-3:00pm (May 7 to Dec 17)

Hazelton Farmers' Market

Skeena Ice Arena
T: 250-842-0088
E: farm@woodgrain.ca
Sat 9:00am-1:00pm (May 7 to Sept 24)

Houston - Pleasant Valley Community Market

Steelhead Park
T: 250-845-2222
E: hopecc2008@hotmail.com
Fri 11:30am-4:00pm (June 3 to Sept 30)

Prince George Farmers' Market

3rd & George St
T: 778-415-4380
E: info@farmersmarketpg.ca
W: www.farmersmarketpg.ca
Sat 8:30am-2:00pm (year round)

THOMPSON OKANAGAN

Lytton - Two Rivers Farmers' Market

Main & 4th Street
T: 250-455-0236
E: tworiversfarmersmarket@live.ca
Fri 10:00am-4:00pm (May 27 to Oct 7)

Merritt - Nicola Valley Farmers' Market

Corner of Garcia St & Coutlee Ave
T: 250-378-2124
E: car_crazy01@hotmail.com
Sat 9:00am-2:00pm (May 14 to Oct 8)

Naramata Community Market

Wharf Park
T: 250-496-4182
E: naramatamarket@shaw.ca
Wed 3:30pm-6:30pm (June 1 to Sept 14)

Oliver Country Market A-Fair

North end of Oliver at Lion's Park
T: 250-498-3369
Sat 8:30am-12:30pm (June 18 to Oct 1)

Osoyoos Market on Main

Town Hall Square
T: 250-495-3537
E: jessie2@telus.net
Sat 8:00am-1:00pm (May 21 to Sept 10)

Penticton Farmers' Market

100 Block of Main St next to Gyro Park
T: 250-770-FARM (3276)
E: pentictonfarmersmarket@gmail.com
W: www.pentictonfarmersmarket.org
Sat 8:30am-12:00pm (May 7 to Oct 29)

Salmon Arm - All Organic Farmers' Market

Deo Lutheran Church parking lot
T: 250-838-7447
E: hermann@wildflightfarm.ca
Wed 3:00pm-5:30pm (year round)

Salmon Arm - Shuswap Farm and Craft Market

Centenoka Park Mall, 5th St & 5th Ave
T: 250-804-3387
E: beejay3@telus.net
W: shuswapfarmersmarket.com
Tue 8:00am-12:30pm (May 3 to Oct 11)
Fri 8:00am-12:30pm (April 29 to Oct 7)

Sorrento Village Farmers' Market

Trans Canada Hwy & Notch Hill Rd, Sorrento Shoppers Plaza
T: 250-515-1265
E: marilynlatlegacy@telus.net
Sat 8:00am-12:00pm (May 14 to Oct 8)



Sun Peaks Farmers' Market

Sun Peaks Resort Village
T: 250-319-1519
E: tspevents@sunpeaksresort.com
W: www.sunpeaksresort.com
Sun 2:30pm-6:30pm
(June 12 to Sept 11)

Vernon Farmers' Market

Wesbild Centre Parking Lot, 3445 43rd Ave
T: 250-549-1588
E: info@vernonfarmersmarket.ca
W: www.vernonfarmersmarket.ca
Mon 8:00am-12:00pm (April 25 to Oct 24)
Thu 8:00am-12:00pm (April 21 to Oct 27)

Vernon Friday Night Farmers' Market

North End of Village Green Mall parking lot
T: 250-546-6267
E: ejrohrer@hotmail.com
Fri 3:00pm-7:00pm (May 13 to Oct 7)



KOOTENAY ROCKIES

Revelstoke Farmers' Market

Grizzly Plaza
E: revelstoke.market@gmail.com
Summ: Sat 8:30am-1:00pm (May 7 to Oct 22)
Winter: biweekly Thu 2:00pm-5:00pm (Nov 3-April 29)

Rossland Mountain Market

South end of Queen St, just off Columbia Ave
T: 250-362-5452
E: rosslandmountainmarket@yahoo.ca
W: www.rosslandfood.com
Thu 3:00pm-7:00pm (June 30 to Oct 6)

Armstrong Farmers' Market

IPE Grounds, 3371 Pleasant Valley Rd
T: 250-546-1986
E: henkden@sunwave.net
Sat 8:00am-12:00pm (April 23 to Oct 29)

Barriere Farmers' Market

Barr-K Restaurant, Hwy 5
T: 250-672-5159
E: jerdonbrown1@gmail.com
Thu 10:00am-2:00pm (May 5 to Oct 27)

Blind Bay Farmers' Market

2704 Blind Bay Rd
T: 250-675-5199
E: gibsonda@hotmail.com
W: www.blindbayfarmersmarket.webs.com
Thu 10:00am-2:00pm (May 5 to Sept 8)

Caravan Sunday Farmer's Market

Caravan Farm Theatre
4886 Salmon River Rd, Spallumcheen
T: 250-546-8533
E: info@caravanfarmtheatre.com
W: www.caravanfarmtheatre.com
Sun 9:00am-1:00pm (May 8 to Oct 9)

Cherryville Farmer's Market

1187 Hwy 6
T: 250-547-6056
E: farmersmarket@cherryville.net
W: www.cherryville.net
Sat 9:00am-1:00pm (May 14 to Oct 8)

Clearwater Farmers' Market

Grounds of Interior Whitewater Expeditions
Old North Thompson Hwy across from Brookfield Mall
T: 250-674-3444
E: schoolcreekfarm@gmail.com
Sat 9:00am-12:00pm (May 7 to Oct 29)

Lake Country Farmers' Market

Swalwell Park
T: 250-808-5998
E: simplelifefarms@telus.net
Fri 3:00pm-7:00pm (June 3 to Sept 23)

THOMPSON OKANAGAN

Grand Forks Farmers' Market

Gyro Park
T: 250-442-6189
E: gffarmersmarket@hotmail.com
Tue 8:00am-2:00pm (May 10 to Oct 4)
Fri 8:00am-2:00pm (May 13 to Oct 7)
Sat 10:00am-2:00pm (July 2 to Aug 27)

Hedley Farmers' Market

Hedley Heritage Museum Park, Daly Ave
T: 250-292-8511
E: hedleyfarmersmarket@hotmail.com
Sun 9:00am-1:00pm (June 5 to Oct 9)

Kamloops Farmers' Market

200 block St Paul St & Stuart Wood school
T: 250-682-7975
E: info@kamloopsfarmersmarket.com
W: www.kamloopsfarmersmarket.com
Sat 8:00am-12:00pm (April 16 to Oct 29)

Kamloops Farmers' Market - Victoria Street

400 block Victoria Street
E: wednesdaymanager@kamloopsfarmersmarket.com
W: www.kamloopsfarmersmarket.com
Wed 8:00am-2:00pm (April 27 to Oct 26)

Kelowna Farmers' Market

Dilworth & Springfield
T: 250-878-5029
E: kelownafarmersmarket@shaw.ca
W: www.kelownafarmerssandcraftersmarket.com
Wed 8:00am-1:00pm (April 6 to Oct 26)
Thu 3:00pm-7:00pm (June 2 to Sept 1)
Sat 8:00am-1:00pm (April 2 to Oct 29)

Lake Country Farmers' Market

Swalwell Park
T: 250-808-5998
E: simplelifefarms@telus.net
Fri 3:00pm-7:00pm (June 3 to Sept 23)

"The future of farming in BC is young farmers. It is difficult to attract young farmers if the rewards for farming are not improved. And if no one wants to farm, how do we retain and even increase provincially grown food?" -BC Farmer



CARIBOO CHILCOTIN COAST

Quesnel Farmers' Market

Corner of Kinchaut and Carson St
T: 250-747-8543
E: glenrosa@telus.net
W: www.quesnelmarket.com
Sat 8:30am-1:00pm (May 7 to Oct 8)

100 Mile House - South Cariboo Farmers' Market

Red Coach Inn parking lot on Hwy 97
T: 250-396-7150
E: sktimothy@hotmail.com
Fri 8:30am-1:30pm (May 6 to Oct 28)

KOOTENAY ROCKIES

Cranbrook Farmers' Market

10th Ave South
T: 250-427-9360
E: market@cranbrookfarmersmarket.com
W: www.cranbrookfarmersmarket.com
Sat 9:00am-1:00pm (June 25 to Sept 17)

Jaffray - Baynes Lake Farmers' Market

Grounds of Baynes Lake Community Centre
T: 250-429-3519
E: threebears@cyberlink.bc.ca
Sat 9:00am-12:30pm (June 18 to Sept 3)



CRESTON VALLEY

Creston Saturday Farmers' Market
Millenium Park
Sat 8:00am-12:00pm (May 7 to Sept 24)

Creston Mid-Week Market

Spirit Square, 11th Ave & Canyon St
Wed 3:30pm-6:30pm (July 6 to Sept 28)

Creston Fall Market

Morris Flowers and Garden Centre
Sat 10:00am-2:00pm (Oct 1 to Dec 17)

T: 250-977-5362

E: cvfarmersmarket@gmail.com
W: www.crestonvalleyfarmersmarket.ca

Fernie Mountain Market

Rotary Park on Hwy 3 between 7th & 5th St
T: 250-423-6674
E: info@mountainmarket.ca
W: www.mountainmarket.ca
Sun 10:00am-2:00pm (July 3 to Sept 4)

Golden Farmers' Market

Downtown Golden
T: 250-344-5678
E: info@goldenfarmersmarket.com
W: www.goldenfarmersmarket.com
Wed 2:00pm-7:00pm (open Sat's in Sept)

NELSON

Nelson Downtown Local Market

400 block of Baker St (between Ward & Stanley)
Wed 9:30am-3:00pm (June 15 to Sept 28)

Cottonwood Market

Cottonwood Falls Park
Sat 9:30am-3:00pm (May 14 to Oct 28)

T: 250-354-1909

E: markets@ecosociety.ca
W: www.ecosociety.ca

New Denver Friday Market

Corner of 6th Street & Kildare
T: 250-358-7733
E: nfdridaymarket@gmail.com
Fri 10:00am-2:00pm (June 3 to Sept 30)



The BC Association of Farmers' Markets represents 100 of over 125 farmers' markets throughout BC and each market is a unique source of locally made, baked, grown and raised food and artisan products.



You can build relationships with farmers, bakers, artisans and home preservers. Ask the farmer where their farm is, what varieties they grow, what they do for pest control, and when they harvest.



You can find a great diversity of seasonal, organic, conventional and heirloom products at the farmers' market, including fresh fruits, vegetables, beef, chicken, pork, seafood, ethnic foods, wild harvest products, artisan crafts and more.

VANCOUVER, COAST & MOUNTAINS

Abbotsford Farm & Country Market

Montrose Ave at George Ferguson Way, dwtw
T: 604-996-1542
E: fatkin@shaw.ca
W: www.abbotsfordfarmandcountrymarket.com
Sat 9:00am-1:00pm (May 7 to Oct 15)

Agassiz Farm Fresh Market

Aberdeen Hall parking lot, dwtw
T: 604-615-6859
E: agassizfarmfreshmarket@gmail.com
W: www.agassizfarmersmarket.com
Thu 3:00pm-6:00pm (June 2 to Sept 11)



Comox Valley Farmers' Market

Burnaby Village Farmers' Market

Burnaby Village Museum,
6501 Deer Lake Ave
T: 604-628-8226
E: info@artisanmarkets.ca
W: www.artisanmarkets.ca
Sat 9:00am-2:00pm (May 7 to Oct 29)

Chilliwack Farmers' Market

Minter Country Garden Store,
10015 Young Rd North
T: 604-795-5544
E: info@chilliwackfarmersmarket.com
W: www.chilliwackfarmersmarket.com
Sat 9:00am-2:00pm (June 25 to Sept 10)

Coquitlam Farmers' Market

Summer: 624 Poirier Street
Sun 9:00am-1:00pm (May 8 to Oct 30)
Winter: Port Moody Rec Centre-300 loco Rd
Sun 10:00am-2:00pm (Nov to April)
T: 604-318-8966
E: info@makebakegrow.com
W: www.makebakegrow.com

Fort Langley Village Farmers' Market

The Orchard of the Fort Langley National
Historic Fort
T: 604-728-2080
E: info@fortlangleyvillagefarmersmarket.org
Sun 10:00am-3:00pm (May 29 to Oct 2)

Gibsons - Fiddlehead Farmers' Market

Gibsons and Area Community Centre
T: 604-886-3698
E: manager@fiddleheadfarmersmarket.com
W: www.fiddleheadfarmersmarket.com
Sat 9:00am-12:00pm (June 18 to Sept 24)

Ladner Village Market

48th Ave between Delta & Elliott St
T: 604-946-8590
E: bookings@ladnervillagemarket.com
W: www.ladnervillagemarket.com
Sun 10:00am-4:00pm
(June 12 + 26, July 10 + 24,
Aug 14 + 28, Sept 11)

Langley Community Farmers' Market

Kwantlen University parking lot,
20901 Langley Bypass
T: 778-245-0980
E: info@langleycommunityfarmersmarket.com
W: www.langleycommunityfarmersmarket.com
Wed 2:00pm-6:00pm (May 25 to Oct 5)

Maple Ridge - Haney Farmers' Market

Memorial Peace Park at 224th St
between Dewdney Trunk Rd &
Lougheed Hwy
T: 604-467-8424
E: hfminfo@haneyfarmersmarket.org
W: www.haneyfarmersmarket.org
Sat 9:00am-2:00pm (May 7 to Dec 3)
Nov 5 & Dec 3 markets at United Church

Mission City Farmers' Market

Lane Creek Park-Second Ave & Horne St
T: 604-302-5561
E: mission.market@gmail.com
W: www.missioncityfarmersmarket.com
Sat 9:00am-1:00pm (May 14 to Sept 24)

VANCOUVER, COAST & MOUNTAINS

New Westminster - Royal City Farmers' Market

Summer: Tipperary Park
Thu 3:00pm-7:00pm (June 9 to Oct 6)
Win: Holy Trinity Cathedral, 514 Carnarvon St
Sat, monthly 10:00am-2:00pm (Nov to April)
T: 778-928-7236
E: info@rcfm.ca
W: www.rcfm.ca

North Vancouver - Lonsdale Quay Farmers' Market

East Plaza of Lonsdale Quay,
123 Carrie Cates
T: 604-628-8226
E: info@artisanmarkets.ca
W: www.artisanmarkets.ca
Sat 10:00am-3:00pm (May 7 to Oct 29)

Pemberton Farmers' Market

7438 Prospect (Legion parking area)
T: 604-894-5149
E: shireen@hotmail.com
W: www.pembertonfarmers.com
Wed 4:00pm-7:00pm (June 22 to Oct 5)

Pitt Meadows Farmers' Market

12007 Harris Rd, in Spirit Square, dwtw
T: 604-476-8424
E: hfminfo@haneyfarmersmarket.org
W: www.haneyfarmersmarket.org
Sun 10:00am-2:00pm (June 19 to Sept 11)

Port Coquitlam Farmers' Market

2253 Leigh Square,
off Shaughnessy St, dwtw
T: 604-467-8424
E: hfminfo@haneyfarmersmarket.org
W: www.haneyfarmersmarket.org
Thu 3:00pm-7:00pm (May 26 to Sept 15)

Powell River Open Air Market

Mcleod Rd, Paradise Valley Exhibition Park
T: 604-344-0021
E: jesseblack@gmail.com
Sat 10:30am-12:30pm (April 30 to Oct 1)
Sun 12:30pm-2:30pm (May 1 to Oct 2)

Sechelt Farmers' & Artisans' Market

Raven's Cry Theatre parking lot,
5555 101 Coast Hwy
T: 604-885-6447
E: secheltmarket@gmail.com
W: www.secheltmarket.com
Sat 8:30am-1:00pm (April 2 to Sept 24)

Squamish Farmers' Market

Dwtw at Cleveland St & Victoria St
T: 604-815-0928
E: info@squamishfarmersmarket.com
W: www.squamishfarmersmarket.com
Sat 10:00am-3:00pm (May 14 to Oct 8)

Steveston Farmers' & Artisans' Market

Corner of 3 Ave & Moncton St, Richmond
T: 604-729-7326
E: marketmanager@shaw.ca
W: www.sfam.ca
Sun 10:00am-4:00pm (May 22 to Sept 18)

Surrey Urban Farmers' Market

North Surrey Rec Center, Plaza at
Surrey Central Skytrain Stn
T: 778-228-FARM (3276)
E: info@surreymarket.org
W: www.surreymarket.org
Wed 1:00pm-6:00pm (June 15 to Sept 28)

VANCOUVER

Granville Island Farmers' Market

T: 604-666-6477 (ext 4)
E: coordinators@granvilleisland.com
W: www.granvilleisland.com
Thu 9:00am-2:00pm (June 2 to Oct 27)

Oak Street Farmers' Market

Unitarian Church, Oak & 49th Ave
E: manager@oakstreetmarket.ca
W: www.oakstreetmarket.ca
Wed 3:00pm-7:00pm (June 1 to Dec 21)

UBC Farm Market

6182 South Campus Rd
T: 604-822-5092
E: ubcfarm.market@gmail.com
W: www.landfood.ubc.ca/ubcfarm
Sat 9:00am-1:00pm (June 18 to Oct 15)

VANCOUVER FARMERS' MARKET SOCIETY

Kitsilano Farmers' Market

Kits Community Centre,
East parking lot, 10th & Larch
Sun 10:00am-2:00pm (May 22 to Oct 23)

Main Street Station Farmers' Market

Station St & Terminal Ave
at Thornton Park
Wed 3:00pm-7:00pm (June 1 to Oct 5)

VANCOUVER, COAST & MOUNTAINS

VANCOUVER FARMERS' MARKET SOCIETY cont'd

Trout Lake Farmers' Market

13th Ave alley between
Lakewood Dr & Templeton Dr
Sat 9:00am-2:00pm (May 14 to Oct 22)

West End Farmers' Market

1100 Comox St between Bute & Thurlow St
Sat 9:00am-2:00pm (June 4 to Oct 22)

T: 604-879-3276

E: info@eatlocal.org

W: www.eatlocal.org

West Vancouver - Ambleside Farmers' Market

Bellevue between 13th & 14th
T: 604-628-8226

E: info@artisanmarket.ca

W: www.artisanmarkets.ca

Sun 10:00am-3:00pm (May 8 to Oct 30)

White Rock Farmers' Market

15154 Russell Ave, next to Whaling Wall
T: 604-897-3276
E: wrfm2008@gmail.com
W: www.whiterockfarmersmarket.ca
Sun 9:00am-1:00pm (May 29 to Oct 9)

Whistler Farmers' Market

Base of Blackcomb Mountain
T: 604-905-8886
E: info@whistlerfarmersmarket.org
W: www.whistlerfarmersmarket.org
Sun 11:00am-4:00pm (June 19 to Oct 9)
Wed 3:00pm-7:00pm (June 22 to Oct 5)



VANCOUVER ISLAND

Campbell River - Pier Street Market

Campbell River Fishing Pier Lot
T: 250-203-1399
E: market@pierstreet.com
W: www.pierstreet.com
Sun 9:00am-2:00pm (May 1 to Sept 25)

Cedar Farmers' Market

Field of the Crow and Gate Pub,
2313 Yellowpoint Rd
T: 250-668-5783
E: gb_benson@hotmail.com
W: www.cedarfarmersmarket.com
Sun 10:00am-2:00pm (May 8 to Oct 30)

COURTENAY

Comox Valley Saturday Farmers' Market

Regional District Fairgrounds,
4835 Headquarters Rd (April to Oct)
Native Son's Hall (Oct to April)
Sat 9:00am-12:00pm



Comox Valley Wednesday Farmers' Market

Comox Bay Farm, West Island Hwy
Wed 9:00am-12:00pm
(June 15 to Sept 28)

T: 250-218-0321

E: marketmanager@comoxvalleyfarmersmarket.com
W: www.comoxvalleyfarmersmarket.com

Duncan Farmers' Market

City Square & Ingram Street
T: 250-732-1723
E: themarketmanager1@gmail.com
W: www.marketinthesquare.net
Sat 9:00am-2:00pm (year round)

VANCOUVER ISLAND

Errington Farmers' Market

1550 Veteran's Road
T: 250-954-2922
E: susanneandguy@shaw.ca
W: www.erringtonfarmersmarket.bc.ca
Sat 10:00am-1:00pm (May 7 to Sept 24)

Langford - Goldstream Station Market

Goldstream & BrynMaur
T: 250-507-5767
E: info@goldstreamstationmarket.ca
W: www.goldstreamstationmarket.com
Sat 10:00am-2:00pm (May 28 to Oct 15)

Metchosin Village Market & Poultry Swap & Sale

4495 Happy Valley Rd
T: 250-590-9006
E: info@grassrootscollective.ca
W: www.grassrootscollective.ca
Sun 10:30am-2:00pm (May 8 to Oct 30)
see website for Swap & Sale schedule

Metchosin Farmers' Market

Municipal Grounds -
4450 Happy Valley Rd
T: 250-478-4503
E: metchosinfarmersmarket@gmail.com
W: www.metchosinfarmersmarket.blog.com
Sun 10:30am-2:00pm (May 8 to Oct 30)

Nanaimo - Bowen Road Farmers' Market

Beban Park
T: 250-390-5199
E: bowenfarmersmarket@gmail.com
Wed 4:00pm-6:30pm (May 4 to Oct 26)

Nanaimo Downtown Farmers' Market

Pioneer Waterfront Plaza, Front St
T: 250-754-1998
E: ndfms@shaw.ca
W: www.nanaimofarmersmarket.com
Fri 10:00am-2:00pm (May 6 to Oct 7)

North Saanich Farm Market

10990 West Saanich Rd
T: 250-656-3054
E: info@northsaanichfarmmarket.ca
W: www.northsaanichfarmmarket.ca
Sat 9:30am-12:00pm (April 9 to Oct 29)

Port Alberni Farmers' Market

Harbour Quay Spirit Square
T: 250-723-7472
E: vickilee@telus.net
Sat 8:30am-12:00pm (Jan 1 to Dec 31)

Qualicum Beach Farmers' Market

Veterans Way
T: 250-248-8005
E: qbfmmanager@gmail.com
W: www.qbfarmersmarket.com
Sat 8:30am-12:00pm (May 7 to Dec 3)

Saanich - Haliburton Community Organic Farmers' Market

741 Haliburton Rd
T: 250-658-0758
E: info@haliburtonfarm.org
W: www.haliburtonfarm.org
Wed: 4:00pm-6:30pm (June to Oct:
3rd Wed of the month)

Saanichton - Peninsula Country Market

Saanich Fairgrounds,
1528 Stelly's Cross Rd
T: 250-216-0521
E: peninsulacountrymarket@gmail.com
W: www.peninsulacountrymarket.ca
Sat 9:00am-1:00pm (June 4 to Oct 8)



Victoria - Moss Street Market

Corner of Moss St & Fairfield Rd
T: 250-361-1747
E: info@mossstreetmarket.com
W: www.mossstreetmarket.com
Full Market: Sat 10:00am-2:00pm
(May 7 to Oct 29)
Half Market: 10:00am-12:00pm
(April 2 to 30 & Nov 5 to 26)

Victoria - Oaklands Community Market

1-2827 Belmont Ave
T: 250-370-9101
E: facilities@oaklandscommunitycentre.com
W: www.oaklandscommunitycentre.com
Thu 5:00pm-8:00pm (1st Thu of month)

WHY SHOP AT A FARMERS' MARKET?

FOR YOU AND YOUR FAMILY

Farmers markets offer entertainment and fun for the whole family! Many markets are pet-friendly too. Your children can meet the farmer who grows their food and can learn what's in season.

FOR THE ECONOMY

Buying direct from the farmer helps to sustain the livelihood of many BC farmers and contributes to developing a secure food supply that is less reliant on imports. The money you spend at a farmers' market stays in your local community. In 2006, farmers markets injected over \$118.5 million into the provincial economy.

FOR THE ENVIRONMENT

Most food is transported over 2400 km from farm to plate. Most vendors selling at farmers markets travel less than 300 km thus reducing carbon emissions. Often fruits and vegetables were picked hours before the farmers' market, and have traveled less than fruits and vegetables found at grocery stores.



Comox Valley Farmers' Market

In partnership with:



Visit BC agricultural fairs near you.



Rooted In Tradition, Growing For Tomorrow

bcfairs.ca



BC ASSOCIATION OF FARMERS' MARKETS

Visit our website for information about events near you.

